

Cleaning Checklist Kitchen

Print only if necessary!



Wear disposable gloves while you clean and wash your hands before and after
Disinfect light switches, drawer pulls, and wash kitchen towels with hot water
Thoroughly clean sink, backsplashes, microwave, oven, and any knobs or buttons on appliances
Clean the outside and inside of the fridge and freezer
Clean commonly used condiments, spices, salt/pepper
Disinfect garbage and recycling bins
Wash all dishes prior to guests' arrival
Disinfect counters, cabinets, table and chairs



Leave clean dish towels, sponge, paper towels,

napkins, disinfectant wipes, etc. for guest use



Cleaning Checklist Bathrooms

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Wash your hands before and after cleaning and wear disposable gloves
Use cleaning products with at least 70% alcohol, or diluted bleach
Disinfect light switches, drawer pulls, and doorknobs
Put out new shower products and fresh towels for guests, if you offer them for guest use
Wash shower curtains in hottest water setting
Scrub and disinfect the floor, sink, toilet and tub thoroughly
Clean mirrors
Clean out and wipe down medicine cabinet



Cleaning Checklist Bedrooms

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Wash your hands before and after cleaning and wear disposable gloves
Use cleaning products with at least 70% alcohol or diluted bleach
Disinfect light switches, drawer pulls, and doorknobs
Dust and disinfect TV, remote, alarm clock, nightstand, dresser
Wipe down hangers (if available to guests)
Wash all bedding with hottest water setting
Vacuum, making sure to empty vacuum cleaner after each use



Cleaning Checklist Common areas

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Wash your hands before and after cleaning and wear disposable gloves
Disinfect light switches, doorknobs, remote controls, appliances, thermostat, railings
Machine wash or spot clean sofas, rugs, drapes, throw pillow covers, and other fabric that is frequently touched
Wipe down bookshelves, decorations, family photos
Disinfect kids' toys, board games, video game controllers, books, high chair, playpens
Clean outdoor furniture, grill, toys, swingset
Dust vents, ducts, and fans
Clean, close and lock windows